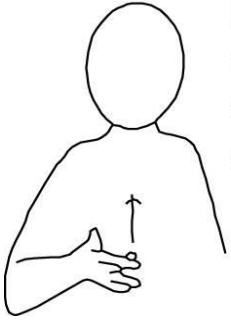

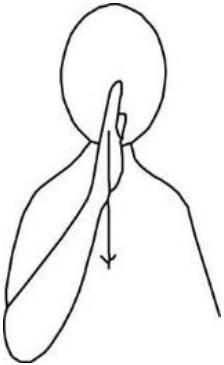
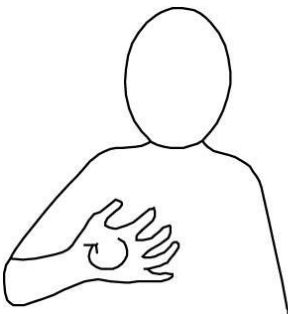

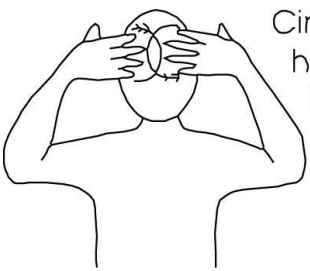


## Signs of the Week

 <p>Middle finger moves up centre of chest</p> <p>To feel</p>	 <p>Happy</p>
 <p>Sad</p>	 <p>Clawed hand circles on chest</p> <p>Anxious</p>
 <p>Tense hand Use both hands if very worried</p> <p>Worried</p>	 <p>Circling clawed hands overlap in alternating movement</p> <p>Confused</p>