

Sladewood Academy Menu Terms 5 and 6 2025 (Runs Mon 28th April until Fri 18th July)



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 28th April 19th May 16th June 7th July	Option One	Turkey Enchiladas g/f d/f	Southern style Pork & Bean Stew g/f d/f	Roast Chicken, roast potatoes & trimmings g/f d/f	Beef & Mushroom Stroganoff with Rice g/f	Fish Fingers Chips & beans d/f
	Option Two	Spanish Tomato & Halloumi Bake g/f	Vegetable Quiche & Potato Salad	Butternut, Kale & Apricot Roast d/f	Vegan Tofu Ramen d/f	Veggie Pizza chips & beans g/f d/f
	Option Three	Jacket Potato with (1) Cheese (2) Beans (3) Tuna Mayo (4) Plain (5) Cheese&Beans (6) Salmon & sweet chilli				
	Seasonal Vegetables Salad Bar Soup of the Day					
	Dessert	Carrot & Coconut cake	Chocolate Cheesecake	Fruit & Veg Ice Lollies	Fresh Mango Mousse	Ice Cream
WEEK TWO (Tues) 6th May 2nd June 23rd June 14th July*	Option One	Red Pesto & Parmesan baked Pollock with Sweet Potato Mash g/f	Lamb Kofta Kebabs with Hummous & Tzatziki d/f	Roast Turkey, Roast potatoes & Trimmings g/f d/f	Cheesy chicken & Broccoli Orzo pasta g/f	Sausage Chips & Beans g/f d/f
	Option Two	Falafels with Moroccan Couscous d/f	Roast vegetable & Ricotta Lasagne	Quorn Fillet, Roast potatoes & Trimmings g/f d/f	Black bean & Sweet potato Tostadas g/f d/f	Veggie Burger chips & Beans g/f d/f
	Option Three	Jacket Potato with (1) Cheese (2) Beans (3) Tuna Mayo (4) Plain (5) Cheese&Beans (6) Salmon & sweet chilli				
	Seasonal Vegetables Salad Bar Soup of the Day					
	Dessert	Lemon Tart	Strawberry & Lime Swirl Cake	Peach Crumble	Jelly & Fruit Salad	Ice Cream
WEEK THREE 12th May 26th May 9th June 30th June	Option One	Salmon Mornay with Potato & Cauliflower Mash g/f d/f	Red Thai Duck Curry & Wholegrain Rice g/f d/f	Roast Pork, roast potatoes & trimmings g/f d/f	Tuscan Beef Ragu g/f d/f	Chicken Goujons chips & Beans d/f
	Option Two	Summer Vegetable Potato Gnocci g/f d/f	White Bean & Apricot Tagine g/f d/f	Italian Vegetable Tart, Roast potatoes & Trimmings g/f d/f	Red Pepper & Aubergine Moussaka g/f	Veggie Sausage chips & Beans g/f d/f
	Option Three	Jacket Potato with (1) Cheese (2) Beans (3) Tuna Mayo (4) Plain (5) Cheese&Beans (6) Salmon & sweet chilli				
	Seasonal Vegetables Salad Bar Soup of the Day					
	Dessert	Raspberry & White Chocolate Blondies	Rice Pudding	Cherry Flapjacks	Fruit Cocktail Sponge Cake	Ice Cream

Water, bread, fresh fruit and yogurt available daily. **Gluten free** and **Dairy free** options available. All Chicken, Beef & Lamb dishes suitable for a Halal diet

Please let our Catering Manager, Carly, know of any **updates** to food intolerances carly.taylor@sladewood.sandmat.uk

Sladewood Academy is committed to providing our pupils with freshly prepared and nutritionally balanced, tasty dishes that comply with the School Food Trust standards.

* Wednesday 16th July is our End of Term Celebration (no roast on this day, details nearer the time)