

Sladewood Academy Menu Terms 1 and 2 2025/26 (Runs Weds 3 Sept until Fri 19 Dec)



WEEK 1 3rd Sept 22nd Sept 13th Oct 10th Nov 1st Dec	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
	Option One	Minced beef cobbler & mash g/f d/f	Sweet & sour pork with wholegrain rice g/f d/f		Roast turkey, potatoes & trimmings g/f d/f		Smoked salmon pasta & garlic bread g/f d/f		Chicken goujons chips & beans d/f		
	Option Two	Vegetable & bean chilli with wholegrain rice g/f d/f	Sweet potato & kale roulade g/f		Quorn fillet, potatoes & trimmings g/f		Butternut squash & sage fritter with warm beetroot salad g/f		Veggie pizza chips & beans g/f d/f		
	Option Three	Jacket Potato with (1) Cheese (2) Beans (3) Tuna Mayo (4) Plain (5) Cheese&Beans (6) Salmon & sweet chilli									
	Seasonal Vegetables Salad Bar Soup of the Day										
Dessert	Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		
WEEK TWO 8th Sept 29th Sept 20th Oct 17th Nov 8th Dec	Option One	Chicken curry, saag aloo & wholegrain rice g/f d/f		Lamb stew & dumplings d/f		Roast gammon, potatoes & trimmings g/f d/f		Lasagne, salad & garlic bread		Fish, chips & beans d/f	
	Option Two	Quorn meatballs & pasta g/f		Courgette & carrot loaf with cauliflower & broccoli cheese g/f		Artichoke tart, potatoes & trimmings g/f d/f		Mediterranean stuffed peppers g/f d/f		Vegan dippers, chips & beans d/f	
	Option Three	Jacket Potato with (1) Cheese (2) Beans (3) Tuna Mayo (4) Plain (5) Cheese&Beans (6) Salmon & sweet chilli									
	Seasonal Vegetables Salad Bar Soup of the Day										
	Dessert	Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day	
WEEK THREE 15th Sept 6th Oct 3rd Nov 24th Nov 15th Dec	Option One	Turkey, wild mushroom & tarragon risotto g/f		Tuna pasta bake with garlic bread g/f d/f		Roast beef, potatoes & trimmings		Chicken & vegetable pie with bubble & squeak g/f d/f		Sausage, chips & beans g/f d/f	
	Option Two	Potato, leek & cheese pie		Courgette & carrot loaf with sweet p[otato wedges g/f		Mushroom & parsnip rosti d/f		Chickpea & vegetable stew with dumplings g/f d/f		Veggie hot dog, chips & beans d/f	
	Option Three	Jacket Potato with (1) Cheese (2) Beans (3) Tuna Mayo (4) Plain (5) Cheese&Beans (6) Salmon & sweet chilli									
	Seasonal Vegetables Salad Bar Soup of the Day										
	Dessert	Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day		Fruit, yoghurt and Dessert of the day	

Water, bread, fresh fruit and yogurt available daily. **Gluten free** and **Dairy free** options available. All Chicken, Beef & Lamb dishes suitable for a Halal diet

Please let our Catering Manager, Carly, know of any updates to food intolerances. **A Doctors certificate must be provided for any food allergies.** [carly.taylor@sladewood.sandmat.uk](mailto:carly.taylor@sladewood.sandmat.uk)

Sladewood Academy is committed to providing our pupils with freshly prepared and nutritionally balanced, tasty dishes that comply with the School Food Trust standards.