

## Personal, Social and Emotional:

### PSHE

**What?** Healthy lifestyles

**How?** We will explore healthy eating through simple, sensory food activities and begin to recognise choices that help their bodies stay well. We will look at how to look after our physical health through movement activities and self-care.

### THRIVE

**What?** Social and emotional well-being activities

**How?** Individualised action plans and learning activities which involve 'thinking, being, and doing'

### Interception:

**What?** Recognising Mouth

**How?** We are learning to identify our mouth and will engage in different experiments to explore how our mouth feels in response to different stimuli.

## Our Futures:

**What?** Little Chefs

**How?** We will be exploring simple cooking activities through mixing and sprinkling and trying different foods. We will also use information technology to show what we like and do not like and will take photographs of food.

## Our World

**What?** My family and me

**How?** We will be exploring our own history by looking at images of our families and recognising similarities and differences. We will also look at what makes us special.

**RE Focus: Food and faith**

**What?** "Sharing food brings people together"

**How?** Tasting, storytelling about food and fasting, simple cooking

## Maths:

**What?** Shape and pattern, working mathematically

**How?** Through active learning tasks, songs, rhymes and games and exploring numbers in everyday activities.

We will be exploring shape and looking at repeating patterns. We will also be looking at sorting and matching.



## Therapeutic Arts

### Music

**What?** Exploring celebration music and percussion instruments

**How?** We will explore New Year's celebration songs and sounds using a range of simple percussion instruments. We will develop listening skills and a sense of rhythm.

### Art

**What?** Edible Art

**How?** We will use edible materials to create artwork, exploring sensory experiences by painting with yoghurt, sprinkling chocolate pieces, and arranging fruit to form simple pictures.

## English:

### Communication & Interaction:

**What?** Developing communication/attention/listening skills

**How?** Stage 1 and 2 group time sessions (and stage 0 where appropriate), looking at pictures of us and recognising 'who?'. Intensive interaction sessions, singing songs and rhymes.

### Reading and phonics:

**What?** Developing a love of reading, reading skills and comprehension

**How?** Early phonics activities including environmental sounds, alliteration, body percussion, rhyme and rhythm, voice sounds and oral blending. Daily story time with adults, poetry sessions and topic-based comprehension lessons looking at basic 'who' questions.

### Writing:

**What?** Developing fine motor/handwriting/writing skills

**How?** Developing pre writing skills, fine and gross motor skills activities, mark making. Colourful Semantics focus 'who' and where appropriate 'what doing?'

## Physical Development

### Physical Development:

**What?** Throwing and Catching

**How?** We will explore and practise simple throwing and catching activities developing our hand-eye coordination, confidence and accuracy.

### Sensory:

**What?** Movement breaks and Sensory Circuits

**How?** Planned and spontaneous movement activities throughout the day to support behaviour for learning